

ADULT PROGRAM

Weekly timetable



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.30am-11.00am	9.30am	9.30am-11.00am	10.00am-1pm	9.30am-11.00am	9:00am	9:45am
ADULT GROUP LESSON		SOCIAL LADIES	LADIES COMPETITION	ADULT GROUP LESSON	LADIES COMPETITION - VIC PENNANT (WINTER)	TENNIS XPRESS
11.00am	10.00am	10.00am	11.00am	11.00am	9:00am	10.00am-12midday
	SENIORS TENNIS	SOCIAL LADIES	LADIES COMPETITION		YOGA	SOCIAL SUNDAY
12 midday	12 midday	12 midday	12 midday	12 midday	9.45am	
			LADIES COMPETITION		TENNIS XPRESS	SOCIAL SUNDAY
1:00pm	7.00-8.00PM	7:00pm	1:00pm	1:00pm	1:00pm	1:00pm
	FAST 4 COMPEITION SINGES	TENNIS XPRESS			MENS COMPETITION - VIC PENNANT (WINTER)	MENS COMPETITION - VIC PENNANT (WINTER)
7.00-8.00pm	7.30-8.15	7:45pm	7:00pm	6:00pm-8.00pm	1:00pm	
FAST 4 COMPEITION DOUBLES	CARDIO TENNIS	SOCIAL TENNIS		MEMBERS SOCIAL NIGHT	MENS COMPETITION - VIC PENNANT (WINTER)	MENS COMPETITION - VIC PENNANT (WINTER)
8.00-9.00pm	7.00-9.00pm	7.00-9.00pm	7.00-9.00pm	7.00pm	1:00pm	
ADULT GROUP LESSON	NSNTA COMPETITION - LADIES	NSNTA COMPETITION - MIXED	NSNTA COMPETITION - MENS	MEMBERS SOCIAL NIGHT	NSTA COMPETITION - VIC PENNANT (WINTER)	