

Hume Tennis and Community Centre Winter Holiday Program Daily Schedule Weeks 1 and 2

| Days | Before Care (8-9.30AM) | Morning Session (9.30-11.00) | Morning Tea (11.00-11.15PM) | Brunch Session (11.15-12.45PM) | Lunch (12.45-1.15PM) | Afternoon (1.15-3.15PM) | Pack Up (3.15-3.30PM) | After Care (3.30-6.00PM) |
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| <p>Week 1 Monday 19th through Friday 23rd</p> <p>Week 2 Monday 26th through Thursday 29th</p> | <p>Centre opens each day at 8 am. There will be communal games, puzzles, interactive games, arts and crafts to keep the children entertained. During this time children may even help coaches set up activities for the day. Children may bring food for breakfast or purchase a \$2 toastie from the café.</p> | <p>Warm Up and Coordination Sports Games. This session players will play fun team games that involve skill development for sports: running, jumping, throwing, catching, hitting. This session is where participants will get to know each other and develop friendships. Coaches will be able to identify appropriate skill and age level groups for the rest of the days games.</p> | <p>Players can bring own snacks or the café will be open for healthy purchases.</p> | <p>Sports Skill Development. Each day players will spend 30 minutes focusing on the skill development of different sports. Therefore each day there will be 3 sports The sports include: Tennis, AFL Netball Basketball Soccer Table tennis Cricket</p> | <p>Lunch can be purchased each day for \$5-and will consist of a selection: Hot dogs, toasties or noodles. When participants arrive in the morning they will be asked what they would like for lunch. OR Lunch can be brought from home – please do not bring items with nuts. Participants can also purchase additional items from the café or bring their own snacks from home.</p> | <p>Sports Games and Inside Activities: For the older participants there will be competitive sports games outside consisting of those sports practiced in the Brunch session. For the younger participants there will be the option to remain in the community rooms and do different arts and craft activities</p> | <p>All games and activities will be packed up and a revision of the days activities.</p> | <p>Centre will open until 6pm. There are communal games, puzzles, interactive games, arts and crafts to keep the children entertained. We also have two televisions with Foxtel or children can watch a movie on the big screen. It is recommended children bring an afternoon snack or money to purchase snacks from the café.</p> |

Notes: Activities such as basketball take place inside Aitken Creek Primary School's full size gymnasium. The school gymnasium will also be used in case of wet weather. There is a linking pathway between Hume and Aitken Creek ensuring the safety of all participants. All coaches have Working With Children Checks. All equipment is supplied for all activities

